


Born Learners

A child's brain is developing even before he is born. The cells that make up the brain start to develop within a few weeks of conception. By the time a baby is born, his brain is still not mature.

The brain develops quickly in the first few months. Language and communication begin as the baby makes sounds and noises and the baby learns to tell the difference between new sights and familiar sights. A child learns a lot during this time!

Children never stop learning. The kind of parenting they receive has a lot to do with how well they learn. Here are some things you can do to help your baby's brain develop so he can learn:

- Give comfort and emotional support to your baby.
 - Make sure he has good nutrition and proper medical care.
 - Give lots of encouragement to learn new things and explore his environment.
 - Provide regular changes to different sounds and sights.
 - Create a positive environment with good communication between members of the family.
 - Help your child have a good self image and self confidence.
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- A photograph showing a woman with blonde hair, wearing a yellow and white striped top, leaning over a young child with blonde hair, wearing a white halter top. They are both looking at a colorful book together. The woman is pointing at the book, and the child is looking intently at the pages.
- Talk to your child, sing songs and tell stories.
 - Read to your child every day.
 - Give your child a variety of things to play with – blocks, puzzles, crayons and paper.