

Child Abuse Prevention Month – April 2008
Sample Public Service Announcements

- 1) Children deserve the best you can give them. They will someday carry on what you have started, sit where you are sitting, and be here when you are gone. But children don't come with instructions. Being a parent is the hardest job there is. Maybe you have lots of stress in your life and just can't seem to get things together for your kids. Maybe you want to be a different parent than you had growing up. Or maybe you just need to talk to someone who understands.

Family Support Programs meet in communities to support parents and other caregivers. Our meetings are free and confidential. April is Child Abuse Prevention Month and it's important to give your kids the kind of parent you have always wanted to be.

To find out more about child abuse prevention programs in this area call Pennsylvania Family Support Alliance 1-800-448-4906. Also on the web at www.pa-fsa.org.

- 2) Just about everything comes with instructions. But why is it that the most complicated, most vulnerable things you've ever acquired never came with instructions? I'm talking about your kids. Being a parent is a tough job, and you might find yourself overwhelmed and stressed out. Kids can push buttons you didn't even know you had, leaving you frustrated and upset. You might be stressed out, and not know who to talk to, or what to do.

Fortunately, there's help available. Call the Pennsylvania Family Support Alliance at 1-800-448-4906. They'll tell you about family support programs near you, where you can talk with other parents while your kids play nearby. There is never a charge for the meetings, and anyone can attend. And, since April is Child Abuse Prevention Month, what better time than now to call? Our toll free number is 1-800-448-4906. Also on the web at www.pa-fsa.org.

- 3) If you ever feel like your kids are driving you crazy and your family is just not how you want it to be, try talking with other parents at a family support program. Where parents share their frustrations, their hopes for the future and develop new parenting skills. Children can attend the Children's Group, where they get to play and learn with other children while their parents attend the meeting. "It's a place I can bring my kids, they can have fun while I learn new parenting skills. My kids look forward to coming to the Children's Group each week."

Now, during Child Abuse Prevention Month, why not ask for help with your parenting? We've all been there, and we can help. To find out more contact Pennsylvania Family Support Alliance at 1-800-448-4906. That number again is 1-800-448-4906. Also on the web at www.pa-fsa.org.