

## Be a Better Parent - Take the Pledge!

- ◆ I Pledge to Listen to My Children - Take time to really hear them. Look them in the eye and feel what they are saying.
- ◆ I Pledge to communicate With My Children - Ask them hard questions and get into their business. They won't like it, but it's your responsibility.
- ◆ I Pledge to Teach My Children Right From Wrong - Since children pay far more attention to our actions than our words, struggle to practice what you preach.
- ◆ I Pledge to Pay Attention to My Children - In today's world, we're often racing against the clock, but we've got to create opportunities to focus on our children and make them the center of our attention.
- ◆ I Pledge to Educate My Children in Mind, Body, and Soul - As their first teachers, parents have the obligation and the opportunity to set the stage for lifelong learning.
- ◆ I Pledge to Work to Provide a Stable Family Life - Stability is one of the most important factors in a child's well-being. Keep as much continuity in your children's lives as possible, and if and when change occurs, think first about their needs and teach them to cope in healthy ways.
- ◆ I Pledge to Vote to Ensure Children Fair Treatment and Opportunity.- We must keep their needs in mind when supporting and selecting our political leaders. Pay attention to what candidates and representative do on behalf of children.