



Pennsylvania  
**Family Support Alliance**™

*Protecting children from abuse*



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**May 1, 2018**

**PA FAMILY SUPPORT ALLIANCE APPOINTS KAYLA KRESSLER  
DIRECTOR OF CHILD ABUSE PREVENTION PROGRAMS**

*Kressler to expand PFSA's commitment to "Recovering Families" and help for  
Grandparents Raising Grandchildren*

**HARRISBURG, Pa.** – Pennsylvania Family Support Alliance (PFSA), the state leader in child protection, announced today the appointment of Kayla Kressler, MA as Director of Prevention Programs. Kressler, a former clinical supervisor and program site director at Blueprints for Addiction Recovery, a community-based outpatient dual-diagnosis treatment program in York County, will direct PFSA's services to a network of statewide affiliated agencies. PFSA provides education, community awareness, and mandated reporter training programs to support strong parenting and empower Pennsylvanians to recognize and report suspected child abuse. Kressler has more than a decade of experience in the field of addiction treatment and is widely regarded as a specialist in supporting and helping to heal individuals with substance use disorder and their families.

"We are thrilled to have Kayla join our team! The breadth and depth of her clinical and administrative experience will enrich our growing portfolio of programs to protect children across the commonwealth from abuse," said Angela M. Liddle, MPA, president and CEO. "Kayla joins PFSA in the midst of an opioid and heroin epidemic that has wreaked devastation on families and left many grandparents struggling to raise grandchildren due to their parents' death, incapacitation, or incarceration. Kayla will work effectively and tirelessly to help families cope with addiction recovery while keeping children safe."

"When I was six-years old, my grandmother took me out of a home where there was domestic violence, neglect, and abuse," added Kressler. "For the last 10 and a half years, I've worked in the mental health and drug and alcohol sector as a counselor. I know this work is very necessary and I am channeling my grandmother's spirit as I bring my passion to help families in recovery. I value working with a group of strong and

committed individuals at PFSA to effect change on a program level to better protect children.”

Kressler earned her Master of Arts degree with a specialization in clinical counseling from Alvernia University. She is an experiential therapist and is pursuing licensure to become a licensed professional counselor. Kressler has worked in transitional housing, intensive case management with women and children, the forensic treatment setting in county jail systems, inpatient and outpatient treatment programs, and within the community in direct-care clinical, education, and supervisory roles.

“I plan to meet with our affiliated agencies and ask them, ‘What are the stories you’re hearing of hope and recovery, of change, and of success? What are your needs and how can we make our programs more progressive and effective?’ That’s the challenge and the opportunity I embrace. My life credo is ‘Pay it forward,’ and that’s what I intend to do at PFSA!”

Kressler resides in Cornwall Township, Lebanon County with her husband, Chad, and their black lab, Porter. She may be reached at [kkressler@pa-fsa.org](mailto:kkressler@pa-fsa.org) or 800-448-4906.

**ABOUT PFSA:** [Pennsylvania Family Support Alliance](https://www.pa-fsa.org) prevents child abuse and protects children from harm by helping parents learn positive parenting techniques, educating professionals and volunteers who work with children to recognize and report child abuse, and helping community members learn how they can play a positive role in keeping children safe. To learn more about our programs, schedule a training, or make a donation, please visit [pa-fsa.org](https://www.pa-fsa.org), or call [800-448-4906](tel:800-448-4906).

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